

Course Title	
Awarding Bodies	
Level of Award <sup>1</sup>	
Professional, Statutory and Regulatory Bodies Recognition	
Credit Structure <sup>2</sup>	
Mode of Attendance	
Standard Length of Course <sup>3</sup>	
Intended Award	
Named Exit Awards	
Entry Requirements <sup>4</sup>	
Delivering Institution	
UCAS Code	

This definitive record sets out the essential features and characteristics of the BSc (Hons) Nutrition and Human Health course. The information provided is accurate for students entering level 4 in the 2024-25 academic year<sup>5</sup>.

BSc (Hons) Nutrition and Human Health applies scientific principles to the study of human interaction with food and how this affects human health. It includes the study of physiology, biochemistry and applied nutrition. In addition to the analysis and enhancement of optimal nutrition for health, the course examines pathophysiology, nutrition for exercise and food science.

The degree programme aims to meet the need for graduates who are knowledgeable of, and have skills within the academic disciplines of nutrition and human health. The programme has a strong scientific component, emphasising the importance of the scientific method and a rigorous empirical approach. The course is an applied science and set firmly within the context and activities of School of Engineering, Art, Science and Technology. Furthermore, the programme recognises the importance of equipping students with appropriate knowledge and

<sup>1</sup> For an explanation of the levels of higher education study, see the [QAA Frameworks for Higher Education Qualifications of UK Degree-Awarding Bodies \(2014\)](#)

<sup>2</sup> All academic credit awarded as a result of study at the University adheres to the [Higher education credit framework for England](#).

<sup>3</sup> Where the course is delivered both full-time and part-time, the standard length of course is provided for the full-time mode of attendance only. The length of the part-time course is variable and dependent upon the intensity of study. Further information about mode of study and maximum registration periods can be found in the [Framework and Regulations for Undergraduate Awards](#).

<sup>4</sup> Details of standard entry requirements can be found in the [Admissions Policy](#) and further details about Disclosure and Barring Checks (DBS) can be found on the [University's DBS webpage](#).

<sup>5</sup> The University reserves the right to make changes to course content, structure, teaching and assessment as outlined in the [Admissions Policy](#).

expertise that they can readily employ within the workplace or in post-graduate study. The curriculum is designed to meet this need.

The need to understand the importance of the scientific method and evidence-based enquiry is an essential underpinning philosophy, and consequently there is a rigorous research methods thread running through the programme. Furthermore, the course philosophy is one of providing an intellectually stimulating and enjoyable course of study for the students.

You are asked to challenge, analyse, utilise and apply existing theories and knowledge. At the same time, students develop key employability skills that will enable them to adapt to the demands of the workplace, and meet the needs of employers for a flexible, highly



The BSc (Hons) Nutrition and Human Health comprises modules at levels 4, 5 and 6.

Module Specifications for each of these modules is included within the course handbook, available to students on-line at the beginning of each academic year.

	Module	Credits	Module Type <sup>7</sup>
Level 4			
	Scientific Skills	20	Mandatory
	Human Physiology 1	20	Mandatory
	Biochemistry	20	Mandatory
	Human Physiology 2	20	Mandatory
	Food Quality and Production	20	Mandatory
	Introduction to Nutrition and Health Sciences	20	Mandatory
Level 5			
	Data Analysis and Statistics	20	Mandatory
	Applied Nutrition & Metabolism	20	Mandatory
	Food Analysis	20	Optional
	Research Methods and Scientific Communication	20	Mandatory

The course is delivered at Ipswich. Students studying full-time on BSc (Hons) Nutrition and Human Health are likely to have approximately 240 tutor structured learning hours for level 4, 230 tutor structured learning hours for level 5 and 180 tutor structured learning hours for level 6. Tutor structured learning will be a mix of lecture, seminar and practical activity. Students will normally be expected to undertake 36 hours of independent study in an average week, but should be prepared for this to vary based on assignment deadlines and class exercises.

A variety of assessments will be used on the course to enable students to experience and adapt to different assessment styles. The assessment methods used will be appropriate to assess each module's intended learning outcomes. This is important as it supports the student's development as an independent learner, and provides opportunities for the students to develop skills and attributes that will be valuable for their future. The students will notice that assessment strategies change as they progress in their studies. There are more examinations in the first year, because we are checking the student's understanding of fundamental scientific laws and principles. In contrast, the final year utilises assessment techniques that replicate work-based practice including examinations with case studies. All assessments will be detailed in your module handbooks, at the start of each academic year.

The BSc (Hons) Nutrition and Human Health course is accredited by the Association for Nutrition. Graduates of this programme will be eligible to apply for direct entry to the UK Voluntary Register of Nutritionists (UKVRN) as Registered Associate Nutritionists.

The academic staff delivering this course are drawn from a team that includes teaching specialists and current practitioners. All staff are qualified in their subjects with their own specialist knowledge to contribute and relevant staff are registered with the appropriate professional body (i.e. Association of Nutrition).

Students undertaking BSc (Hons) Nutrition and Human Health will be charged tuition fees as detailed below.

Student Group	Tuition Fees
Full-time UK	£9,250 per year
Part-time UK	£1,454 per 20 credit module
Full-time EU/International	£15,210 per year
Part-time EU/International	£2,535 per 20 credit module

Payment of tuition fees is due at the time of enrolment and is managed in accordance with the Tuition Fee Policy.

Students will be required to pay additional costs for trips and residentials. Students are likely to incur other costs for equipment, materials, optional field trips and exhibitions.

This course is delivered according to the Framework and Regulations for Undergraduate Awards and other academic policies and procedures of the University and published on the [website](#).